

National Association of Social Workers
WESTCHESTER DIVISION

Westchester Newsletter

Volume 2011, Issue 3

Fall 2011



Thursday, NOVEMBER 17, 2011
8 am - 3 pm
Doubletree Hotel - Tarrytown, NY
Details inside!

Social Workers.... Social Networking!

Wednesday, October 26th 5:30-?

Brazen Fox, 175 Mamaroneck Avenue

NASW is our members. Come out for a chance to meet other professional social workers in Westchester. Students and perspective members welcome! Bring Business cards & Resumes!
(See the invite on Facebook & LinkedIn!)



Look Inside For . . .

- p. 2 –Division Committee Directory
- p. 3 – Words from Director: Michael Cappiello, LCSW
- p. 4 – Pride Works Info & NASW Members Update
- p. 5 – Article: Creating Forever Families Westchester 211.
- p. 6 – Did You Know? By: Linda Conte, MSW
- p. 7 – Mentoring Group Information

Award Nominations Flyer Inside!



Healthcare is a Human Right Series
Sponsor: League of Women Voters
Co-Sponsors: NASW Westchester Division
Lubin Graduate School of Pace University
1 Martine Avenue (corner Bank Street),
White Plains, NY

Thursday, October 13th, 7-9p.m.

Everybody IN; Nobody OUT/Medicare for ALL

Speakers: Assemblyman **Richard Gottfried**, Sponsor of the NYS Assembly Single Payer Bill.

Dr. **Elizabeth Rosenthal**, Physicians for a National Health Program.

Thursday, October 20th, 7-9p.m.,

Understanding the Federal Affordable Care Act

Speakers: Assemblyman **George Latimer**, 91st District, and **Charles Bell**, Consumers Union

Contact: **Ellen Blauner**, LMSW, (914) 948-4793



Paula Gilbert, LCSW, Madeline Zevon, LMSW, (President, League of Women Voters), Ellen Blauner, LMSW, (Chair, NASW Healthcare Committee) Michael Cappiello, LCSW

Division Committees

JOIN the WESTCHESTER STEERING COMMITTEE

Contact MICHAEL CAPPIELLO, Westchester@naswnys.org or 914.261.0431

The **Steering Committee** identifies issues of concern to membership and plans Division events. It is our "Think Tank" for the Division. Ideas are welcome!

COMMITTEES and CONTACTS- *Be a participant join a committee*

Committees are open - Start your own committee

<i>Annual Dinner Awards</i>	Margot Elkin (martelkin@aol.com), Dottie Levin Judith Goldstein (Westchester@naswnys.org)
<i>Disabilities</i>	Kathleen Friedman (kfriedma@nyp.org)
<i>Domestic Violence</i>	Diane Jaulus (Diana464@verizon.net)
<i>LGBT</i>	Donna Festa (FestaD@WCMC.com)
<i>Mental Health</i>	Diane Jaulus (Diana464@verizon.net)
<i>Mentoring Group</i>	Susan Gerbino (sbg428@gmail.com)
<i>Multi-Cultural Affairs</i>	Billye Jones Mulraine (bmulraine@aol.com), Rudene Scipio
<i>Spirituality in Social Work Practice</i>	Bob Schavrien (schavrien@optonline.net)
<i>Undoing Racism</i>	Gerry Radano (gerryr419@aol.com)
<i>Universal Health Care</i>	Ellen Blauner (eblauner@verizon.net)
<i>Women's Issues</i>	Judy Goldstein (Westchester@naswnys.org) Paula Gilbert (Gilbertpgil2225@yahoo.com)
<i>Veterans Issues</i>	Anne Kelly Treantafeles (914)646-5094 (fergiekelly@gmail.com) Tina Atherall (Tina@hopeforthewarriors.org)

SPECIAL ASSIGNMENTS

<i>Archives</i>	Linda Conte
<i>Advertising/Communications</i>	Anmarie Dippolt
<i>CNLI (Committee on Nominations & Leadership Identification)</i>	Anne K. Treantafeles
<i>Delegate Assembly</i>	Richard Steinberg
<i>Ethics Committee (National)</i>	Billye Jones Mulraine
<i>Ethics Committee (State)</i>	Richard Steinberg
<i>Finance Committee (State)</i>	Richard Steinberg
<i>Government Relations (State)</i>	Michael Cappiello
<i>Licensure</i>	Shirley Wallace
<i>Outreach to Hispanic Social Workers</i>	Martha Lopez-Hanratty
<i>Survey for Division</i>	Linda Conte
<i>IFSW / UN-NGO Rep.</i>	Marcia Wallace
<i>Technology</i>	Ira Weinberg

FACEBOOK:

National Association of Social Workers (NASW), NYS Chapter, Westchester Div

YOUTUBE:

WestchesterNASW

We are looking for someone to administer these pages and take on the role of communications director.

Westchester@naswnys.org

NASW SPECIALTY PRACTICE SECTIONS (SPS):

Administration/Supervision
Health
Private Practice
Alcohol, Tobacco and Other Drugs
School Social Work
Children, Adolescents and Young Adults
Social and Economic Justice & Peace
Child Welfare
Social Work and the Courts

Publication Name: NASW-NYS Westchester Newsletter USPS# 519-670

Publisher: National Association of Social Workers-NYS Chapter
Westchester Division, Michael T. Cappiello, Westchester Division Director
188 Washington Avenue, Albany, NY 12210

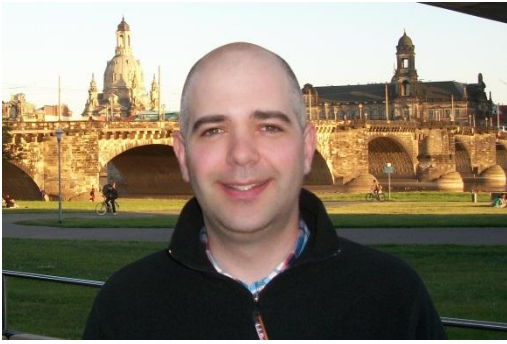
Periodical Postage Paid at White Plains, NY

Frequency: Bi-Monthly (Except May/June, July/Aug)

Subscription price: Included in membership dues

Postmaster send address changes to: NASW-NYS Westchester Newsletter
188 Washington Avenue, Albany, NY 12210
(518) 463-4741

Are YOU interested in leading a committee?



Michael Cappiello, LCSW-R

WORDS FROM THE DIRECTOR

Congratulations to St. Vincent's Hospital – Westchester, (A Division of Saint Joseph's Medical Center) who will be providing Mobile Crisis services for Westchester County, and will use professional social workers in the new program. The link here is for the press release.

<http://www3.westchestergov.com/news/3048-new-crisis-prevention-and-response-team>. It is anticipated that there will be greater collaboration with the community, more to follow as it rolls out in November.

Steering Committee meets on the 2nd Tuesday of the month, 5:30p.m., at Fordham - Westchester. All are welcome. The first part of the meeting is committee reports and local updates. This is followed by topical discussions or a guest speaker at 6:45. Please contact me if you would like to be on the agenda. I also encourage you to participate in the **Mentoring Committee**, meeting on the 3rd Saturday of the month, 9:30a.m., at New York Presbyterian, White Plains, with a speaker at 10:30. I am thankful to Susan Gerbino, Ph.D., for this ongoing divisional offering.

As Westchester's elected representative to the State Board, I present what is happening in Westchester quarterly in Albany, and also chair the statewide policy committee. This year NYS and NYC Chapter are joining into one policy team, and our two paid lobbyists will be able to deliver a more unified message in Albany. The redesign of Medicaid is a top priority, and demonstrating our leadership in agencies across the state is critical to secure job growth of our profession under healthcare reform.

The 2012 Annual Power of Social Work Conference in Albany is titled "**The Future of Social Work: Exploring the Challenges and Opportunities of Health Care Reform**". Save the date of Friday, March 16th. This is the best value for an all-day conference. There will be several speakers, and a chance for statewide networking. Thank you to Ellen Blauner, MSW, who initiated the healthcare committee locally and, through statewide advocacy on PACE, has been constantly raising awareness of the need for a social work voice in healthcare reform. Please attend the two events in October that we are co-sponsoring with the League of Women Voters: "**Healthcare is a Human Right**", Thursdays, October 13th & 20th. See details on p. 1.

Our Chapter received funding through the New York State Health Foundation to continue our **Veterans' Mental Health Training Initiative**. Westchester was a key partner in securing these funds, and I will serve on the policy subcommittee, which includes a visit to West Point. I was told the national government is hiring 130 social workers by the end of September. There is active recruitment of social workers to serve in the armed services. Service to the country is not only honorable; it comes with some of the best benefit packages available to our profession, and includes intensive training in working with military families. Come to our November meeting to learn more.

Speaking of service, NASW has long partnered with the **American Red Cross**. The importance of prepared volunteerism was highlighted locally during Hurricane Irene and with the 9/11 remembrances. To learn more, contact Avril Lindsay Dennis, LCSW-R, CGP, Disaster Mental Health Services Lead, Volunteer, DennisA@usa.redcross.org, (914) 649-9916. We need TRAINED volunteers more than ever.

Westchester had a 16% response rate to the **Advocacy Survey**, which also made up 16% of the overall statewide response. Compensation was listed as your top priority, with increasing pathways to the LCSW and requirement of continuing education as other professional priorities. We are using the Texas Chapter as a model for increasing membership, and they have simply been more responsive to these types of "bread and butter" issues. We are continuing to partnership around practice issues with other lead organizations; however, only NASW is going to advocate for professional issues like salaries. I often use the NYS United Teachers and the New York State Nursing Association, the lead advocates for teachers and nurses, as examples of those who have been successful in promoting the professions in legislative ways. I tell perspective members they can't afford not to support NASW in this mission. Imagine what we could accomplish if all 3,500 licensed social workers in Westchester were active in NASW!

Please help me with recruitment and feel free to send emails or call with ideas.

It is an honor representing you. *Michael*



Save the date - Thursday, November 17, 2011



PrideWorks is a conference for lesbian, gay, bisexual and transgender youth and their allies. Its mission is to inform our communities about the realities of growing up gay, lesbian, bisexual or transgender, to inspire them to respect and support LGBT people, and to advocate for positive change.

PRIDEWORKS
for LGBT Youth

Thursday, NOVEMBER 17, 2011
8 am - 3 pm
at the Doubletree Hotel - Tarrytown, NY

The 13th annual PrideWorks conference will attract upwards of 600 high school and middle school students, teachers, counselors, and youth workers. They will have opportunities to think and learn about a variety of topics affecting LGBT youth, such as bullying, healthy relationships, coming out, and building a Gay-Straight Alliance. The day includes breakfast and lunch, along with opportunities to network and tap into community resources.

PrideWorks is proudly sponsored by PFLAG Westchester, GLSEN Hudson Valley, and Center Lane (a program of WJCS), and is endorsed by many educational organizations including the Westchester-Putnam School Board Association and the Westchester Chapter of N.A.S.W.

For more information, call GLSEN Hudson Valley at 914-962-7888 or visit www.PrideWorksForYouth.org

**With your help, we can offer partial scholarships to students in need.
Just \$30 enables one student to participate in PrideWorks 2011 –
a truly unique educational and affirming experience.**

Name _____ Amount \$ _____
Address _____
Email _____ Phone _____

Please mail your tax-deductible donation, payable to "PFLAG Westchester,"
a 501(c)3 organization, to PFLAG, 529 Revere Dr., Yorktown Heights NY 10598.

Your contribution is tax deductible to fullest extent allowed by law. Thank you!

Member Demographics Campaign Underway: Have you updated your member profile?

By participating in NASW's **Member Demographics Campaign**, you can help ensure Association services are practical and relevant to your work. Demographic information such as birth date, gender, primary practice, primary work setting, and primary function help us understand you and your professional needs better. **To access your NASW profile and update your demographic information, log in to the NASW Member Center at socialworkers.org/membercenter and click on "Your Personal Data."** Maintaining your privacy—online and off—is important to us. Our policy is not to distribute your personal information. [Click here](#) (online version) to access NASW's privacy policy.

MY MEMBER PROFILE

[Access your member profile and update it here.](#) (online version)

For assistance with logging in to your profile, or for questions about your privacy, please contact Member Services at 800.742.4089 Monday – Friday, 9 am – 9 pm EST



Creating Forever Families: The Many Hats of a Social Worker

Anna Sandbank, LCSW

As most social workers can attest, “wearing many hats” is a common experience in our profession. In addition to serving adoptive families, birth families and adoptees, social workers at Forever Families Through Adoption, Inc. (FFTA) conduct community outreach and educational programming throughout the area aimed at building awareness about the adoption process and available resources. FFTA is a NY and CT-authorized not for profit adoption placement agency and resource center, founded and staffed by social workers, adoptive parents, attorneys and adoptees, and is located in Rye Brook. With an emphasis on self-determination, education and support, social workers offer options and supportive counseling to expectant parents as they decide whether parenting, kinship adoption, foster care or agency adoption is best in their particular situation. Once adoption has been chosen, social workers facilitate the creation of a plan in which expectant parents select a family that meets the hopes and dreams they hold for their child. Social workers also provide guidance and support to prospective adoptive parents throughout the often emotional and sometimes complex adoption process. Services include conducting home studies, nurturing matches between expectant parents and prospective adoptive parents, appearing in court for finalizations, and offering ongoing post-adoption services to birth and adoptive families. FFTA strives to ensure the adoption process is successful and that children in need are provided with loving, secure, nurturing and forever homes. FFTA social workers seek to partner with a diverse range of other community providers and collaborate across disciplines and areas of practice. Members of the agency work cohesively as a team using a family centered and service oriented approach. FFTA operates with a philosophy of inclusion and transparency and takes great pride in treating all persons with the respect and compassion they deserve regardless of race, religion, nationality, sexual orientation, gender identity, gender expression, marital status, age, or disability. To learn more about FFTA, please contact us at 914-939-1180 or visit our website at: www.foreverfamiliesthroughadoption.org



WESTCHESTER 211: Have a question and don't know where to turn? Finding the answer may be as easy as dialing 2-1-1. United Way's 2-1-1 Helpline is a confidential non-emergency information and referral service, which also provides crisis support for residents, with the financial help of Westchester County government. Westchester residents can call 2-1-1 between 8 a.m. and 8 p.m., 7 days a week, 362 days a year, to speak to call specialists that will put them in touch with health and human services experts. Thank you to Barbara Mallanev, LMSW for letting us know about this service.

When the Personal Becomes Professional Survivors of Intimate Partner Violence Now Working in the Field

Wednesday, October 19th 2011
12:15-2pm SSC-Room C,
College of New Rochelle.

~~FREE RSVP:~~ Dr. Judy Gordon,
404-22.jgordon@cnr.edu

News about Westchester Social Workers

Mary Schwartz, LCSW, (914-316-2727 or maryhschwartz@gmail.com) has opened a practice as a parent coach, specializing in working with parents whose children are, or may be, in need of special education services. Mary has eighteen years of experience working in a school system where she was a school social worker, chairperson of the CPSE, chairperson of the CSE and Director of Pupil Personnel Services. As a parent coach, she partners with parents in two important ways. She helps them become effective at negotiating good outcomes as they navigate the complex, often daunting, special education system and she also addresses the emotional resonance of having a special needs child (or could work with other therapists and experts as they provide this support structure). ****

Catherine Anesi, LCSW, of Peekskill, recently had an article published in the Mom's Offer More newsletter, one of several she has written supportive of parents and discussing parenting issues. Catherine brings a wealth of experience to her work. She worked for Julia Dyckman Andrus Memorial in their Peekskill clinic and now has a practice at Opal Moon in Croton. She does family work for Early Intervention and the Committee on Preschool Education, as well as leading groups for children and women, and a support group for mothers with children with disabilities. She has developed a seven step process that enables people to break from the traumatic events of the past that are holding them back in the present and future. She also leads a kids group for children aged 6 through 8 which deals with worries, giving children an opportunity to share their anxieties and learn strategies that can help. A teen group and a transformational retreat are planned for this fall. CatherineAnesiLCSW.com *****

Celeste Theis, LCSW, of Croton-on-Hudson, recently retired as a school social worker at the Claremont School in the Ossining School District. An Ossining School District employee for the last 25 years, Celeste also previously worked for the Island Trees School District on Long Island for eight years. She was one of the honorees attending the Ossining school district's reception in June for retirees and those who received tenure this year. Celeste reports that she is glad to have more time now for her advocacy and political work! *****

Loretta Oleck, LCSW-R, of Briarcliff, will be offering a workshop in October in Briarcliff for kids 8-12 years of age dealing with body image and self esteem. In addition, she

is creating a board game to deal with the same issues. Loretta is the author of an award-winning activity book, **Calm Down and Play** (*Childswork Childsplay*) to help impulsive children, and a new series of five books, titled The Quiet Mind Series, published by The Guidance Group. The books incorporate simple strategies and creative visualizations to encourage behavioral and emotional change for all ages, including anxiety, increasing self-esteem, resolving grief, dealing with ADD/ADHD and dealing with addiction. (www.guidance-group.com) LorettaOleck@gmail.com, **** Social workers were well represented at the ceremony on the occasion of the anniversary of the assassination of Dr. Martin Luther King, Jr., in April, held at the White Plains court plaza, where there is a statue of him.

Ellen Blauner, LMSW, of White Plains, **Molly D. Rodriguez**, LCSW, of Dobbs Ferry, and **Linda Conte**, LMSW, of Croton-on-Hudson, found each other in the crowd, which included White Plains and Westchester officials, residents, and middle and high school students. ****

Carol Dallinga, LCSW, CGP, of Ardsley, will be the featured speaker at the Illinois Group Psychotherapy Society 2011 Fall Conference in Chicago, Illinois, October 28 & 29th. Her presentation is entitled, "Marketing Your Practice: Thriving in a Changing World". Carol is a Certified Group Psychotherapist and previous President of the Westchester Group Psychotherapy Society (WGPS). She is also a Certified EMDR Trauma Specialist. With 29 years of experience and training working with adults in individual, couple or group therapy, Carol also has extensive experience working with men's work/family issues, particularly concerning police officers, teamsters and corrections officers. *****

Wendy Webb-Weber, LCSW, of Somers, a graduate of Hunter School of Social Work, OYR program, learning of the need of senior citizens in her community for fresh produce, has started SHARING WORKS, a project which gathers local, fresh grown vegetables and distributes them to the Somers Nutrition Center, for in house and "Meals on Wheels" recipients, Mt. Kisco Fox Senior Center, Antioch Baptist Church as well as seniors door-to-door deliveries. The recipients have begun to share their stories and a cookbook may result. Previously, Wendy had twenty years of experience working with the developmentally challenged and their families in the Bronx.

News about Westchester Social Workers

Have News about/of interest to Westchester NASW members? WE NEED YOUR HELP to keep our Did You Know? Column going. If you, or a colleague, have participated in an activity, started a new position or project, joined a study group, given a talk, written an article, received recognition, etc., please WRITE out the information and mail it to Linda Conte, 1420 Journey's End Road, Croton-on-Hudson, NY 10520 or e-mail it to linda@conte.org with "Did You Know" in the subject line. THANKS!!



**Monthly Offering of NASW:
Mentoring Committee & Speakers Series
NASW Westchester Division's Mentoring
Group is for you!
October 15, November 19, December 17**

Meets monthly. The group *conducts peer supervision, discusses issues faced by new social workers, lists current job openings and has outside speakers on a variety of professional topics.* Meetings are usually the 3rd Saturday of the month, 9:30 a.m. – 12 noon, at NY Presbyterian Hospital, 21 Bloomingdale Road, White Plains, 10605. Contact persons: Susan Gerbino, Ph.D - sbg428@gmail.com
Ira Weinberg, LCSW – iraphoto@juno.com

The mentoring group has been using Yahoo Groups for exchanging information, receiving notices of meetings, speakers and events, and sending messages to its members. It is an interactive way of communicating with other professionals.

To learn more about the **WESTCHESTERNASW** Mentoring group, type the following in your browser:
<http://groups.yahoo.com/group/westchesternasw/>

Westchester NASW
Mentoring
Group
Job Openings
Speakers

Information
Case Discussion

Then become a member of **WESTCHESTERNASW**, click on the **Join Group** button or send an email to Westchesternasw-subscribe@yahoogroups.com

This will allow you to become a member and receive our regular meeting announcements, job information and scheduled speakers. Only Members can receive e-mails about the mentoring group and take part in a dialogue with other members.

Looking for Outstanding Social Workers: Nominations Needed. Reminder: look around your program for those who are doing some exceptional, innovative work that deserves to be recognized. Here is your chance to highlight someone you know who is making a contribution to the social work profession and to the community. Flyer inside.

SOCIAL WORKER OF THE YEAR DISTINGUISHED SERVICE TO THE PROESSION

PUBLIC CITIZEN OF THE YEAR MERIT SERVICE TO THE WESTCHESTER DIVISION

The 2012 awards will be presented at the ANNUAL AWARDS DINNER, March 29, 2012 (Save the Date)

WESTCHESTER NEWSLETTER ADVERTISEMENTS
\$45.00 Business Card size. \$90-1/4 Page
\$165-1/2 Page (Alt Sizes Available)
Contact: Anmarie Dippolt, MSW at 914.237.3694
or Westchester@naswnys.org

NYS CHAPTER "UPDATE" ADVERTISEMENTS
Celisia Street, LMSW, Celisia_Street@naswnys.org,
www.naswnys.org/newsad.htm

Social Workers and Family Law Issues for Same-Sex Couples: Tuesday, October 04, 2011. This is an online course FREE.
www.naswdc.org (VIEW ALL CLASSES)

National Association of Social Workers
New York State Chapter, Westchester Division
188 Washington Avenue, Albany, NY 12210
800.724.6279 X44
westchester@naswnys.org

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ADDRESS CORRECTION REQUESTED

Calendar of Events

Monday, **October 3rd**, 6:00pm
LGBT Committee, (1ST MEETING: Grassroots organizing meeting. Be a part of change)
520 White Plains Road, Suite 500, Tarrytown
Donna Festa at 914 844-5734

Tuesday, **October 11th**, 5:30 pm
Steering Committee,
Fordham-West, 400 Westchester Ave, W.Harrison

Wednesday, **October 19th**, 5:30 pm
Spirituality & Mental Health: The Journey to Wholeness
CNR, 29 Castle Place, New Rochelle

Thursday, **October 13th**, 7:00 pm

Thursday, **October 20th**, 7:00, pm
Healthcare is a Human Right Series,
PACE, 1 Martine, White Plains

Saturday, **October 15th**, 9:30 am
Mentoring Committee
NY Presbyterian Hospital, White Plains

Wednesday, **October 26th**, 5:30 pm
Networking Event. Bring your business cards!
Brazen Fox, 175 Mamaroneck Ave, White Plains

Tuesday, **November 15th**, 5:30 pm



Spirituality and Mental Health: The Journey to Wholeness

Nancy Kehoe RSCJ, PhD
Wednesday, October 19, 2011 at 5:30
College of New Rochelle, 29 Castle Pl
No Charge. All Welcome.

RSVP: Monday, October 10th Westchester@naswnys.org
1-800-724-6279 Ext. 44 NASW CEU's

The journey to wholeness is a process of integration, of knowing that being fully human, fully alive, means attending to our bodies, our minds and our spirits. Based on my own journey of years as a member of the Religious of the Sacred Heart, a Roman Catholic order of nuns, 23 years in private psychotherapy practice and 30 years of leading groups on spirituality with adults who suffer with serious mental illness, I will reflect on this path. I will focus on ways in which my work with the chronically mentally ill has led me to a profound sense of wholeness, identifying the life-giving spirit within me. *Nancy Kehoe*.
nancy_kehoe@hms.harvard.edu
<http://wrestlingwithourinnerangels.wordpress.com>