



Hudson Valley Update

Did You Know? By Kiara Tatum, LMSW, NASW-NYS Hudson Valley Division Newsletter Chair

Did you know that there was a Putnam County Group meeting on Tuesday, October 6, 2009; did you know that the Hudson Valley Division has created a quarterly e-newsletter; did you know that there are six Hudson Valley Division committees? NASW-NYS Hudson Valley Division has grown and strengthened, but the Hudson Valley Division needs social workers and social work students participation to continue to step forward.

NASW-NYS Hudson Valley Division is comprised of 9 counties in the Hudson Valley region. To help increase local participation, the Hudson Valley Division has developed county groups to facilitate local meetings and activities. There are committees of interest in the Hudson Valley Division: Steering Committee, Committee on Racism and Ethnicity, Membership Recruitment & Retention Committee, Newsletter Committee, Student Outreach Committee and Workforce Issues Committee.

In this special edition of the Hudson Valley Update, you can read about the upcoming meetings for the county groups, find out more information about the Social Work Month Celebration/Awards Dinner and an upcoming diversity workshop presented by Tenise Wall, LMSW. If you would like to be on the Hudson Valley Division email listing for upcoming division activities, events, e-newsletter and other news, send your name and email address to HudsonValley@naswnys.org. Visit the Hudson Valley Division online at www.naswnys.org/divisions/Hudson/index.htm for the Hudson Valley Update quarterly e-newsletter, upcoming meetings and events, division activities and committee information.



Social Work Month Celebration—Awards Dinner

Celebrating You: Everyone is a Winner

Friday, March 19, 2010, 6pm~9pm

Holiday Inn

542 Route 9

Fishkill, NY 12524

Keynote Speaker: Anne Quinn, MS

Cost for NASW members is \$25.00



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Registration form available on page 4

Help the NASW-NYS Hudson Valley Division celebration Social Work Month and honor the 2010 Honorees of Social Work Awards.

Lifetime Achievement Award: Dr. Michele Winchester-Vega, LCSW-R

Social Worker of the Year: Irene Scott-Bethea, LMSW

Agency of the Year: Family Services, Inc.

Social Work Student of the Year: Diane Quinn, BSW Student

Public Citizen of the Year: Eloise Maxey

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Please join NASW-NYS Hudson Valley Division at local county group meetings. Learn how you can join NASW, find ways to participate in NASW, and obtain information on upcoming events & activities in your area. Also, county group meetings are a great way to network with other social workers.



Dutchess County Group Meeting
Tuesday, March 16, 2010, 6:00pm
Adelphi University

Hudson Valley Center
 457 Maple Street
 Poughkeepsie, NY 12601

Special Guest Speaker: Gloria Robbins, LCSW-R **Topic:** Red Cross Volunteer Opportunities
 Please RSVP by Friday, March 12th at **1-800-724-6279 ext. 32** or by email with Kiara ktatum26@msn.com

2010 Calendar for Dutchess County **Tuesday, May 4, 2010, 6:00pm** & **Tuesday, October 5, 2010, 6:00pm** at **Family Partnership Center, Conference Room# 101**, 29 North Hamilton Street, Poughkeepsie, NY 12601

Orange County Group Meeting
Wednesday, March 10, 2010, 6:00pm
Orange County Department of Mental Health
Melville Conference Room

30 Harriman Drive
 Goshen, NY 10924

Special Guest Speaker: Jayme Weis, LMSW *Project Coordinator*—Integrating Schools & Mental Health Systems **Topic:** System of Care
 Please RSVP by Friday, March 5th at **1-800-724-6279 ext. 32** or by email with Tenise tenisew@yahoo.com

Putnam County Group Meeting

No meeting scheduled at this time. Please check back at the Hudson Valley Division meetings webpage at www.naswnys.org/divisions/Hudson/meetings.htm for the next meeting or by email with Wendy w.greggs@yahoo.com

Ulster County Group Meeting
Monday, March 8, 2010, 6:00pm
Institute for Family Health

279 Main Street
 New Paltz, NY 12561

Please RSVP by Friday, March 5th at **1-800-724-6279 ext. 32** or by email with Christine clrossman@gmail.com

Light Refreshments will be served.

NASW members, social workers, and BSW / MSW students are all welcomed to attend!

Bring your business cards & a friend to the meeting!

Continued from page 1, **Social Work Month Celebration—Awards Dinner**

During the Social Work Month Celebration—Awards Dinner, you will enjoy an evening of honoring the 2010 Award Recipients as well as a fabulous dinner and some surprises. Special guest speaker, Anne Quinn, MS, CASAC will discuss stress management and overall wellness entitled, “Put Your Own Oxygen Mask On First!” Anne Quinn is a popular and dynamic workshop leader, best known for her work in the area of holistic health, burnout prevention and care for the caregiver. Anne has worked in the health care field for the past 25 years, where her focus has been on relationship between stresses and illness. Anne is a student of alternative methods of healing and brings some ancient healing modalities to our modern day lifestyle. She is a consultant at Beth Israel Medical Center, St. Luke’s Roosevelt Hospital, Mohonk Mountain House and Health Spa and Veritas Villa. Anne is on the faculty of three NY State Alcoholism and drug addiction councils.

Informational Table:

Raise awareness of your agency services, your private practice, or upcoming events and trainings at the Social Work Month Celebration on Friday, March 19, 2010. An informational table will be available for social workers to display brochures, business cards, flyers, and other informational material to be distributed to social workers at the event. Please take advantage of this free advertisement.

Upcoming Trainings

- ⇒ Watch for more information on Hot Topics—Children and Adolescence Training in June 2010
- ⇒ Watch for more information on the Fall Conference in October 2010 collaboration between the NYSSCSW Mid-Hudson Chapter and NASW-NYS Hudson Valley Division

Deconstructing the Complexities of Diversity

Presented by Tenise Wall, LMSW

Friday, April 16, 2010, 6:00pm~9:00pm

Holiday Inn Express

2 Bryle Place

Chester, NY 10918

Light Dinner will be served & earn 2.0 CEUs

Cost for NASW Members is \$10.00

Registration form available on page 4

Workshop Overview:

The workshop provides an overview of the diverse populations participants may be working with presently or in the past. Effective strategies are given in working with such groups. Working with the “poor” and those living in poverty and increasing the participants understanding to their plight is also involved. This workshop will provide Professional Development Focusing on Effective Strategies for Responding to Diversity and Poverty.

Objectives:

- ⇒ Increase multi-cultural awareness and interactions
- ⇒ Develop and increase knowledge of available support services
- ⇒ Implement effective strategies for responding to diversity and poverty

Read more about the Diversity Workshop and Tenise Wall, LMSW in the Hudson Valley Update January 2010 issue quarterly e-newsletter available at www.naswnys.org/divisions/Hudson/news.htm



NASW-NYS Hudson Valley Division
 Social Work Month Celebration Registration Form
 March 19, 2010 • Holiday Inn, Fishkill, NY

Name: _____
 Agency: _____
 Address: _____

 Phone No.: _____
 Email: _____
 NASW ID# _____

NASW-NYS Member \$25
 Non-NASW Member \$40
 Social Work Student \$20

Make checks payable to:
NASW-NYS Hudson Valley Division
 Send Registration Form & Payment to:
Marybeth Gladitsch, HV Division Director
205 Little York Road
Warwick, NY 10990

RSVP Deadline extended: **March 12, 2010**

NASW-NYS Hudson Valley Division
 Diversity Workshop Registration Form
 April 16, 2010 • Holiday Inn Express, Chester, NY

Name: _____
 Agency: _____
 Address: _____

 Phone No.: _____
 Email: _____
 NASW ID# _____

NASW-NYS Member \$10
 Non-NASW Member \$15

Make checks payable to:
NASW-NYS Hudson Valley Division
 Send Registration Form & Payment to:
Marybeth Gladitsch, HV Division Director
205 Little York Road
Warwick, NY 10990

RSVP Deadline: **April 2, 2010**

Registration Forms also available at www.naswnys.org/divisions/Hudson/events.htm



NASW-NYS
Hudson Valley Division
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Albany, NY 12210

To