

Symposium

ENHANCING COMMUNITY CAPACITY TO MEET THE NEEDS OF RETURNING SERVICEMEMBERS AND THEIR FAMILIES

Symposia Locations

September 17, 2009

Long Island, NY– Hofstra University

▪

October 23, 2009

Lake Placid, NY– High Peaks Resort

▪

November 19, 2009

Rochester, NY– Radisson Hotel Riverside

▪

April 23, 2010

NYC- Fordham University, Lincoln Center

▪

May 21, 2010

Hudson Valley, NY– SUNY New Paltz, Lecture Center



**-HEALTH / MENTAL HEALTH
HUMAN SERVICES PROVIDERS**

**-MEMBERS OF THE MILITARY &
THEIR FAMILIES**

ARE ENCOURAGED TO ATTEND

ADMISSION IS FREE

Register Online

www.naswnys.org

**Veterans' Mental Health Training Initiative
Sponsored by**



**Medical Society
Of the State of
New York**



**National Association of Social Workers
New York State Chapter**



**New York State
Psychiatric
Association**

AFTER YOUR RETURN...



WE ARE WORKING TO SUPPORT YOU AND YOUR FAMILY IN YOUR TRANSITION BACK HOME.



**Medical Society of the State of New York
National Association of Social Workers— New York State Chapter
New York State Psychiatric Association**



ABOUT THE VETERANS' MENTAL HEALTH TRAINING INITIATIVE

The New York State Chapter of the National Association of Social Workers, the Medical Society of the State of New York, and the New York State Psychiatric Association, are sponsoring a comprehensive statewide training initiative to ensure that New York's mental health workforce is prepared to identify and address military-specific issues in light of our state's significant military population. The initiative consists of a full day conference held in five locations across NYS. Topics will include military culture, screening and assessment of combat specific Post Traumatic Stress Disorder, Traumatic Brain Injury, and substance abuse, as well as family issues related to deployment and re-entry. The training events will also provide information regarding the benefits, resources, and services available to support New York State's returning soldiers, veterans and their families. Continuing education credits from NASW-NYS and the NYS Office of Alcohol and Substance Abuse Services will be offered. This training initiative is funded through a grant from the NYS Legislature.

ADVISORY COMMITTEE

Chair: Fred Newdom, ACSW —Veterans' Mental Health Training Initiative Coordinator, *NASW-NYS*

Judith Avner, Esq.— *Brain Injury Association of NYS*

Helena Davis, MA, LMHC— *Mental Health Association in NYS*

Frank Dowling, M.D.— *Medical Society of the State of New York*

Anna Engel, M.D.— *NYS Psychiatric Association*

Pam Granda, LMSW, CASAC— *Committee for Physician Health, Medical Society of the State of New York*

James Halpern, PhD— *Psychology Dept., SUNY New Paltz*

Marisa Koten, PhD— *Strategic Outreach to Families of All Reservists (SOFAR)*

Cathleen Lewandowski, PhD— *University at Albany, School of Social Welfare*

Barbara McDonough—*Member of Military Family*

Lt. Donald Mott, MSW— *Ft. Drum Behavioral Health*

Yuval Neria, PhD— *Trauma and PTSD Program, New York State Psychiatric Institute*

Paul Noonan, MA— *NYS Office of Alcoholism and Substance Abuse Services*

Caroline Peacock, LMSW— *Home Again: Veterans & Families Initiative, Jewish Board of Family & Children's Services*

Alice Psirakis, LCSW— *Nassau Vet Center, Department of Veterans' Affairs*

Melanie Puerto, MS— *NYS Office of Mental Health*

Isabel Rose, MSW, PhD— *Marist College*

Judy Schultz, LMHC— *Family Program of the Army National Guard*

Juliet Vogel, PhD— *Rosen Wellness Center, North Shore University Hospital*

Share Your Resources & Information With Our Attendees

Sign Up For An Exhibit



As part of each of our regional symposiums, we will be hosting a **Community Resource Information Exchange** display center where local service agencies and other relevant organizations can disseminate information about the programs, resources and services they provide that would be of benefit to servicemembers and their families. Event attendees will include other community service providers as well as members of the military and/ or their families. If your organization provides such relevant services or programs, we invite you to exhibit.

Registration Fee (per site): \$25

Business Name: _____

Contact Person: _____ Title: _____

E-mail: _____ Phone: _____

Billing Address _____

Please select the location(s) for which you are registering:

- | | |
|---|---|
| <input type="checkbox"/> September 17, 2009
Long Island – Hofstra University
Student Center, Hempstead, NY
RSVP Deadline: August 28, 2009 | <input type="checkbox"/> April 23, 2010: NYC
Fordham University-Lincoln Center
Lowenstein Academic Bldg
RSVP Deadline: March 12, 2010 |
| <input type="checkbox"/> October 23, 2009
Lake Placid – High Peaks Resort
RSVP Deadline: October 2, 2009 | <input type="checkbox"/> May 21, 2010
SUNY New Paltz—Lecture Center
RSVP Deadline: April 9, 2010 |
| <input type="checkbox"/> November 19, 2009
Rochester – Radisson Hotel Riverside
RSVP Deadline: October 29, 2009 | |

Electricity Requested

Description of Agency Services/ Programs: _____

Names of Representatives Attending the Event: _____

Payment (Required w/ Registration)

Total Balance Due: _____

____ Check Enclosed (Payable to NASW-NYS) PO/Voucher # _____

____ **Charge my credit card** (Visa, MC, Amex) **Authorized Signature:** _____

Credit Card #: _____ Exp. Date: _____

Submit Registration Form to: Fred Newdom, Coordinator, Veterans Mental Health Training Initiative
 c/o NASW-NYS Chapter, 188 Washington Ave, Albany, NY 12210
Fax: 518-463-6446

SYMPOSIUM ON ENHANCING COMMUNITY CAPACITY TO MEET THE NEEDS OF RETURNING SERVICEMEMBERS & THEIR FAMILIES

Full Symposia Calendar

September 17, 2009

Hofstra University, Student Center- 900 Fulton Avenue, Hempstead, NY

October 23, 2009

High Peaks Resort- 2384 Saranac Avenue, Lake Placid, NY

November 19, 2009

Radisson (Clarion) Hotel Rochester Riverside- 120 East Main Street, Rochester, NY

April 23, 2010

**Fordham University, Lincoln Center, Lowenstein Academic Building
60th Street and Columbus Avenue, NY, NY**

May 21, 2010

SUNY New Paltz- Lecture Center, 1 Hawk Drive, New Paltz, NY



Symposia Agenda

8:00 AM - 8:30 AM

Registration

8:30 AM - 10:30 AM

Morning Plenary Session: Military 101: Understanding the Culture(s) and Post-Deployment Risks

While there is a distinct military culture, the different services and statuses have their own variations on this basic idea. This session will describe the overall culture as well as some of the major differences among the services (Army, Marines, National Guard, Reserves, etc.) along with the significance of veteran, active duty, and active Reserve status. Finally, this session will include basic content on PTSD and Traumatic Brain Injury (TBI), two of the “signature” injuries of the wars in Iraq and Afghanistan, and how they relate to depression, suicide and substance abuse.

10:45 AM - 12:15 PM

AM Workshop Sessions

A1: PTSD and TBI: How to Recognize Them and What to Do Next

PTSD (Post Traumatic Stress Disorder) and TBI (Traumatic Brain Injury) often look similar and have similar impacts on those affected by them. This workshop will provide a review of signs and symptoms, presentation of screening and assessment tools and methodologies, as well as information on evidenced-based treatment.

A2: Relationship Issues: Impact of War on the Home Front

Being at and returning from war takes a toll on relationships, including those with spouses, families, partners and caregivers. This workshop will explore some of the critical issues affecting those relationships and suggest ways to see that these issues are addressed effectively in the community.

A3: Alcoholism and Substance Abuse: Screening, Assessment and Promising Treatments

Alcoholism and substance abuse are common forms of self-medication for those who have had stressful, often traumatic, experiences. This workshop will provide information that will help in the screening and assessment of these conditions. It will also highlight the latest evidence-based treatments and how to help veterans and their families get the most effective care as well as provide understanding of the impact of substance abuse on the individual veteran and family members. We will also discuss identification of potential service needs and referral resources.

A4: Women at War: Issues Facing our Women Service Members and Veterans

The numbers of women in combat situations have made OIF (Operation Iraqi Freedom) and OEF (Operation Enduring Freedom) unique in the history of the U. S. military. This workshop will explore issues experienced by women in the military and its “male culture,” including sexual harassment and duality of family roles and military role. Understanding support needs and identifying potential risks factors and needed resources will be addressed.

12:15 PM-1:15 PM LUNCH - On Your Own

We encourage all attendees to visit our Community Resource Information Exchange exhibit center to learn about local programs and resources of relevance to servicemembers and their families.

1:30-2:30 PM PM Workshops

B1: Sexual Assault in the Military: Addressing the Effects of Sexual Violence

The brutality of war can lead to behavior that brings its violence into the military unit. This workshop will explore the dynamics of sexual assault within the military, the effects on its female and male victims, and ways in which service providers can help heal the scars resulting from these acts.

B2: Depression and Suicide Prevention: The War Within

Depression and possible suicide are experienced both by active duty soldiers and those who have returned home. This workshop will provide an understanding on what is known about the prevalence of suicide among military personnel, the screening and assessment of suicidal ideation as well as present suicide preventive care models. This workshop will emphasize both the role of the clinician as well as the role of community members in the prevention of suicide.

B3: Community Resources: What’s Out There and How to Access It

This workshop will identify key service systems and providers responsible for meeting the mental health and social service needs of veterans and their families. Eligibility rules for accessing the various service systems will be reviewed.

B4: The Effects of the Deployment Cycle on Children: Service and Systems Issues

When a parent goes to war, children’s lives are changed dramatically. This workshop will explore the ways in which children experience their parent’s absence and the systems and supports that can be called on to help them.

2:45 PM - 4:15 PM

Afternoon Plenary Session: The Impact of the Deployment Cycle on Families, Partners, and Caregivers

This session will explore the various ways in which the military experience – and, especially, the wartime experience – affects veterans and those who love and care for them. We will focus on issues facing those at home while their loved one is at war and the issues affecting re-entry into civilian and community life. Attention will be paid to experience in the “modern military” and to the implications of the demographic characteristics of military members and their families.

4:15—4:30 PM Closing Remarks

6.0 NASW-NYS and OASAS Continuing Education credits will be offered.

Please go to our website for current information on CME credits: www.naswnys.org/tiglance.htm

FREE ADMISSION

★Scholarships for Servicemembers & their Families Available★

See Registration Pg for Details

REGISTRATION FORM

Symposium on Enhancing Community Capacity to Meet the Needs of Returning Servicemembers & Their Families



Name: _____ Agency: _____

Phone No.: _____ Email: _____

Special Needs* (please indicate) _____

*NASW-NYS must receive special needs requests at least 2 weeks prior to event to allow time to plan accordingly.

SELECT APPROPRIATE REGISTRATION CATEGORY:

- Clinical Mental Health Professional Health Professional Member of the Military— Branch: _____
 Human Services Provider Other: _____ Member of Military Family

LOCATION:

- September 17, 2009 Long Island – Hofstra University, Student Center, Hempstead, NY
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 November 19, 2009 Rochester – Radisson Hotel Riverside
 April 23, 2010 NYC—Fordham University-Lincoln Center, Lowenstein Academic Bldg
 May 21, 2010 Hudson Valley – SUNY New Paltz

CIRCLE WORKSHOP SELECTIONS

Session A (10:45 AM -12:15 PM) 1 2 3 4 Session B (1:30 PM - 2:30 PM) 1 2 3 4

★SYMPOSIUM SCHOLARSHIPS AVAILABLE FOR SERVICEMEMBERS AND/ OR THEIR FAMILIES★

NASW-NYS will be offering a limited number of scholarships to servicemembers and/ or members of their immediate family. Scholarships of up to \$100 are available on a first come first serve basis to help defray the costs associated with attending our symposium for individuals who would otherwise be unable to participate due to the expense.

SCHOLARSHIP REQUEST—All fields are required (if not provided above)

Branch of Military: _____ Or Relationship to servicemember: _____

Address: _____

Phone: _____ Email: _____

Amount Requested (cannot exceed \$100*): \$ _____

Statement of Need (Please give a brief statement of how you will use this scholarship to assist with your attendance at the Symposium):

*NOTE: Exceptions may be made, provided that ample scholarship funds are still available at the time of the request, if extenuating circumstances exist and are noted in the statement of need.

Please Submit Registration Forms to:

Fred Newdom, Coordinator, Veterans Mental Health Training Initiative

Mail: c/o NASW-NYS Chapter, 188 Washington Ave, Albany, NY 12210

Fax: 518-463-6446

Veterans' Mental Health Training Initiative

c/o NASW-NYS Chapter

188 Washington Avenue

Albany, NY 12210

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Capacity to Meet the Needs of Returning
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National Association of Social Workers -NYS Chapter

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New York State Psychiatric Association

**Members of the
Military
&
Their Families
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